

THE NONDIPPER PROFILE OF THE ARTERIAL HYPERTENSION EVALUATED BY AMBULATORY BLOOD PRESSURE, MONITORING AT PATIENTS WITH METABOLIC SYNDROME STUDY ON 105 CASES

G. IFTENI¹ M. RĂDOI¹ H. RUS¹ Gh. PAMFIL¹

Abstract: *Prospective study on the “nondipper” profile of arterial hypertension assessed by ambulatory blood pressure monitoring (ABPM) in relation anthropometric, clinical data and other ABPM parameters on 105 hypertensive patients with metabolic syndrome (MetS). The “nondipper” profile of arterial hypertension significantly correlates with increased values of body mass index (BMI), waist circumferences, and heart rate. There were no correlations between “nondipper” profile of arterial hypertension and other ABPM parameters at hypertensive patients with MetS.*

Key words: *metabolic syndrome, arterial hypertension, ambulatory blood pressure monitoring, diurnal index.*

* Transilvania University of Brasov.