

# The influence of music in general and of rhythm in particular over the human psychic

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**Abstract:** *The article entitled “Influence of Music in General and of Rhythm in Particular over the Human Psychic” is divided into three chapters. The first chapter focuses on the relation between the human psychic and music, according to the findings of neurologists and cognitive psychology specialists. The various types of rhythm can generate the most diverse feelings and moods; the language people speak influences rhythm, which, in its turn impacts on the various physiological parameters (heart beats, breathing); the second chapter focuses on these aspects. The main idea of the last chapter is that the music we listen to unveils various traits of the human personality. Hence, music does not only influence human thoughts, feelings, and moods, but is also serves to therapeutic purposes.*

**Key-words:** *rhythm, personality traits, emotional response*

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