Developing musical creativity and empathy through group practices

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Abstract: In contemporary society we need people who think creatively, innovatively, critically, independently, who are able to interact, to communicate. Through systematically developed musical activities, started since childhood, all this can develop naturally and with ease.

This study wishes to relate creativity with empathy and explain the way these can develop in children through musical group activities. The two components interact and inter-condition each other in some way, as empathy contributes to creative performance in the field of music, and creativity supports the manifesting of the empathic capacity at the level of ability ever since the youngest age. The children who participated in the experiment that was carried out improved their ability to relate and communicate, learned to play musical instruments in order to carry out a rhythmical accompaniment, became much more creative and got the courage to express their ideas through music.

Key-words: music, creativity, empathy, behaviour

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