Musical psychology – an integral experience

Claudia - Ligia ŞUTEU¹, Stela DRĂGULIN²

Abstract: The purpose of research in the musician's psychology is to offer new ways of musical understanding in defining interpretation as a phenomenon that calls for an integral experience. Musical interpretation is, in many ways, a complex art. There is a puzzle of musical significance. If we think of paradigms of great instrumental music, such as Beethoven's or Brahms's symphonies, they seem to have no meaning what language would have, but sensitive listeners will be deeply impressed. There is a puzzle of the musical metaphor and a continuous debate about the fact that the elemental properties of music literally belong to the language or can be described metaphorically. The interpretative act is fluid and determines a puzzle about how music can stir up emotions.

Keywords: research, music, psychology, anxiety

¹ PhD Candidate, Transilvania University of Braşov, claudiasuteu@yahoo.com

² Transilvania University of Braşov, steladragulin@yahoo.com