

Interventional highlights for children with disabilities and their families

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Abstract: *The family, the social group “whose members are related through ratios of age, marriage or adoption and live together, cooperate under the economic report and take care of their children” (Chișea, 2000), is the most important institution in every society, from the ancient till our days.*

he family, in Romania, is one of the most important institution for the good existence of the society, in general, as well of each person, both being in relationship and influenced one from another. From the functionalist point of view, family has very important roles, being a very significant factor in every country, the importance of his existence and functionality being many times observed in crisis situations or when one of his member has a special problem or need. In children with special needs cases, family has a major importance, family being influenced by the children’s problems, on the mental, emotional, economic and social plane, and, at the same time, remaining the only or the most important support for their children.

That is why it is very useful to identify some strategies to improve children with special needs and their families’ situations, with therapeutically methods, as music, dance and movement ones, the results being much more improved, and, at the same time, the implication of the family helping the growth of their subjective and objective well-being.

We want to highlight the benefits of some different methods of therapy using music and movement for children with special needs and their families, as methods for developing the individual and family’s well-being, the subjective and the objective one.

Keywords: *children with special needs, families, subjective well –being, objective well-being, quality of life, music therapy, dance and movement therapy.*

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